Monday		Tuesday	Wednesday	Thursday	Friday
* January*  We re-open January 3r	<b>2</b>	7:30 Chess Club-Room 1 8:30 ESL-Room B 9:00 Beginning Computer-Room 11 9:30 Stretch and Flex-East/West Room 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:45 Dance Aerobics 4-East/West Room	8:00 Health Assessments 9:00 Yarn Spinners-Room 1 11:00 Health Talk "Cancer Prevention"-DR 11:45 Lunch 12:00 Mexican Train Dominos-Room 10 12:45 Bingo	7:30 Chess-Room 5 8:30 ESL-Room B 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:45 Lunch 12:15 Bridge-Room 10 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room	8:30 Tai Chi-East/West Room 9:00 Yarn Spinners-Room 1 9:15 Movie: "Social Network" 9:30-11:15 Morning Bingo 9:30 Sudoku-Room 5 11:30 Lunch
9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 10 9:00 Intermediate Computer-Room 11 10:00 Mah Jongg-Room 5 10:00 Commission on Aging 10:00 Hi-Cap by Appointment 11:45 Lunch 12:15 Bridge-Room 10 12:45 Bingo 1:30 Intro. to Dance Aerobics-E/W Room	9	7:30 Chess Club-Room 1 8:30 ESL-Room B 9:00 Legal Aid-by appointment 9:00 Beginning Computer-Room 11 9:30 Stretch and Flex-East/West Room 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:45 Dance Aerobics 4-East/West Room	8:00 Commodities-Room 5 8:00Health Assessments 9:00 Yarn Spinners-Room 1 11:45 Lunch 12:30 Bunco-Room 10 12:45 Bingo  Trip to San Manuel Casino	7:30 Chess-Room 5 8:30 ESL-Room B 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:45 Lunch 12:15 Bridge-Room 10 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room	8:30 Tai Chi-East/West Room 9:00 Yarn Spinners-Room 1 9:00 S.C.A.TRoom A/B 9:15 Movie: "The Maltese Falcon" 9:30-11:15 Morning Bingo 9:30 Sudoku-Room 5 9:30 W.O.W. Trip to Trader Joe's 11:30 Lunch
9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 10 9:00 Intermediate Computer-Room 11 10:00 Mah Jongg-Room 5 11:45 Lunch 12:15 Bridge-Room 10 12:30 Life Story Writing-Room 5 12:45 Bingo 1:00 Beginning Computer-Room 11 1:30 Intro. To Dance Aerobics-E/W Room	16	7:30 Chess Club-Room 1 8:30 ESL-Room B 9:00 Beginning Computer-Room 11 9:30 Stretch and Flex-East/West Room 10:00 Attorney-by appointment 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:45 Dance Aerobics 4-East/West Room	8:00 Health Assessments 9:00 Yarn Spinners-Room 1 11:45 Lunch 12:00 Mexican Train Dominos-Room 10 12:45 Bingo 2:30 Diabetes Support Group-Room 5 4:30 Dinner Group at Uncle Pete's	7:30 Chess-Room 5 8:30 ESL-Room B 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:45 Lunch 12:15 Bridge-Room 10 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room	8:30 Tai Chi-E/W Room 9:00 Yarn Spinners-Room 1 9:15 Movie: "The Way Home" 9:30-11:15 Morning Bingo 9:30 Sudoku-Room 5 11:30 Lunch  Open 8:00 AM-1:00 PM
9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 10 9:00 Intermediate Computer-Room 11 9:15 Breakfast-Dining Room 10:00 Mah Jongg-Room 5 11:45 Lunch 12:15 Bridge-Room 10 12:30 Life Story Writing-Room 5 12:45 Bingo 1:00 Beginning Computer-Room 11 1:30 Intro. to Dance Aerobics-E/W Room	23	7:30 Chess Club-Room 1 8:30 ESL-Room B 9:00 Beginning Computer-Room 11 9:30 Stretch and Flex-East/West Room 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:45 Dance Aerobics 4-East/West Room	8:00 Health Assessments 9:00 Yarn Spinners-Room 1 11:45 Lunch 12:30 Bunco-Room 10 12:45 Bingo	7:30 Chess-Room 5 8:30 ESL-Room B 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:45 Birthday Lunch 12:15 Bridge-Room 10 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room	8:30 Tai Chi-East/West Room 9:00 Yarn Spinners-Room 1 9:15 Movie: "Water For Elephants" 9:30-11:15 Morning Bingo 9:30 Sudoku-Room 5 11:30 Lunch
9:00 Balance & Mobility-Room 3-4 9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 10 9:00 Intermediate Computer-Room 11 10:00 Mah Jongg-Room 5 10:00 Adult Fitness-Room A/B 11:45 Lunch 12:15 Bridge-Room 10	30	7:30 Chess Club-Room 1 8:30 ESL-Room B 9:00 Beginning Computer-Room 11 9:30 Stretch and Flex-East/West Room 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch	JAI	VUARY 20	12
12:30 Life Story Writing-Room 5 12:30 Beginning Adult Fitness-Room A/B 12:45 Bingo 1:00 Beginning Computer-Room 11 1:30 Intro. to Dance Aerobics-E/W Room		12:45 Dance Aerobics 4-East/West Room		All dates, times and locations on this calendar are su ject to change. Not all activities may be listed.	ub-